**Define your strengths and opportunities to fire your growth!**

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| --- | --- | --- | --- | --- | --- | --- |
| Skills | Your definition of  this type of skill | Describe one or  two times you used  these skills | The outcome  (what you learnt or  achieved, your reward) | Rate your skills:  (Low/ Average/ High) | Your definition of  this type of skill | How can you  learn/ improve/ apply  these skills? |
| Communication |  |  |  |  |  |  |
| Teamwork |  |  |  |  |  |  |
| Planning & Organization |  |  |  |  |  |  |
| Accountability |  |  |  |  |  |  |
| Creativity |  |  |  |  |  |  |
| Client Orientation |  |  |  |  |  |  |
| Continuous Learning |  |  |  |  |  |  |
| Technological Awareness |  |  |  |  |  |  |

**Add your own and see the complete list of** [**UN Core Values and Competencies**](https://careers.un.org/lbw/attachments/competencies_booklet_en.pdf) **to learn more.**

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