



How to maximise your strengths to manage your career

Tuesday
6th September
2022



Your Host Today...



Imrah Mughal
Career Development & Experience
Analyst

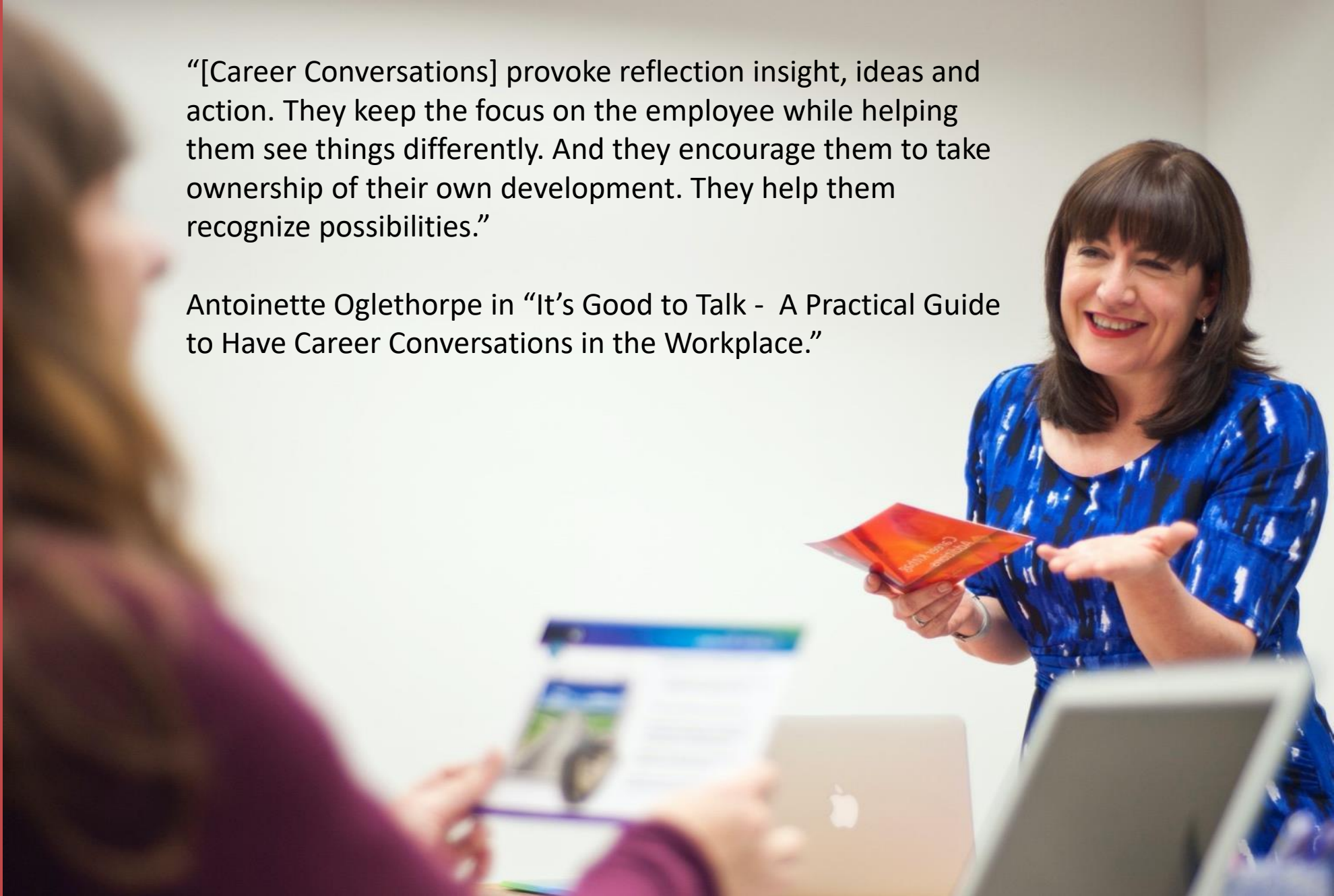
Antoinette Oglethorpe

>25 years of experience developing leaders in the Private Sector and now consulting with the UN System

- Speaker and Author on Talent Development
- Professional Career Coach and Counsellor

“[Career Conversations] provoke reflection insight, ideas and action. They keep the focus on the employee while helping them see things differently. And they encourage them to take ownership of their own development. They help them recognize possibilities.”

Antoinette Oglethorpe in “It’s Good to Talk - A Practical Guide to Have Career Conversations in the Workplace.”



Poll

ON A SCALE OF 1 TO 10, HOW MUCH WORK HAVE YOU DONE ASSESSING YOUR CAREER SKILLS AND TALENTS?



9-10 A lot of work



6-8 Some work



3-5 Minimal work



1-2 None

Two Key Questions

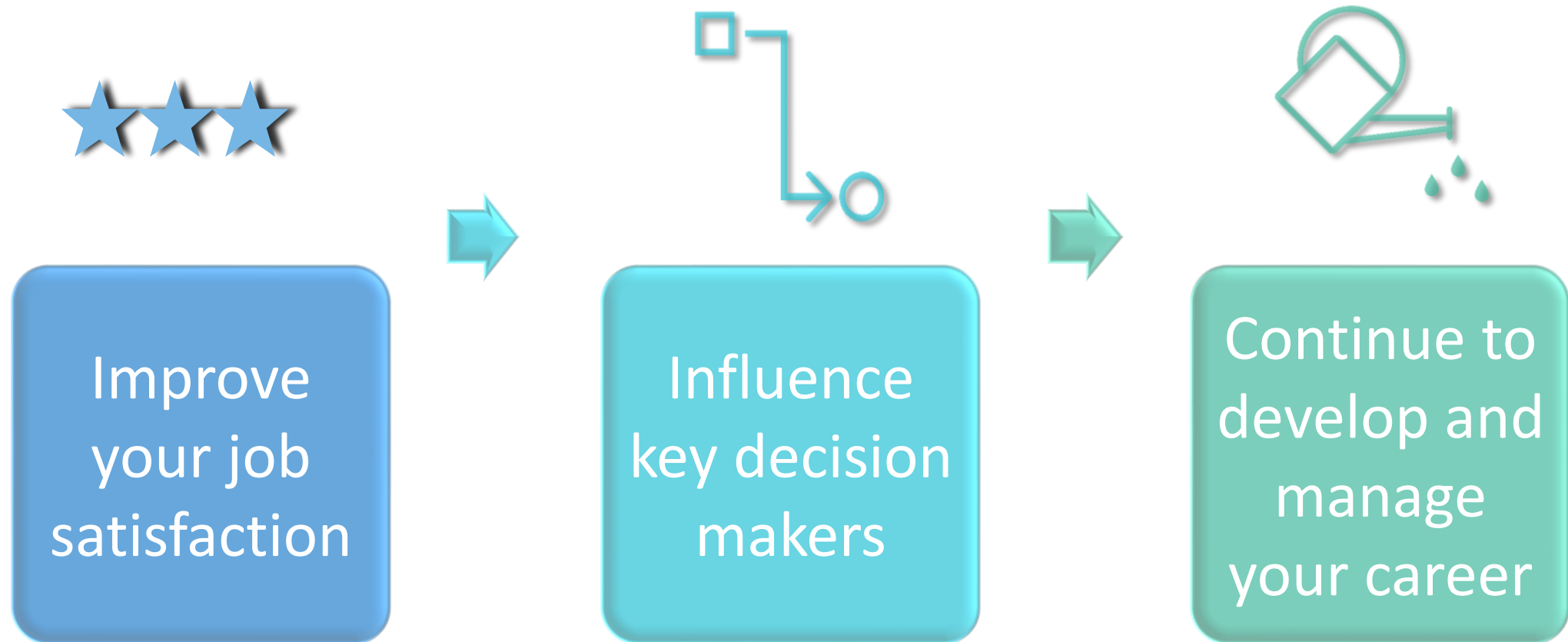
What makes you valuable?



What distinguishes you from your peers?



As a result of attending this webinar, you will pick up tools to assess your skills and talents so that you can:



What We'll Cover in this Webinar



Why it's important to assess your strengths



What types of strengths should you assess



How to carry out the assessment and leverage your strengths



Why it's important to assess your strengths?



Question

Why do you think it's important to assess your career skills and talents?
What attracted you to this webinar?

PLEASE TYPE YOUR ANSWERS
INTO THE CHAT BOX

3 REASONS WHY IT'S IMPORTANT TO ASSESS YOUR CAREER SKILLS



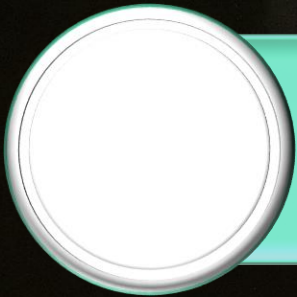


Job Satisfaction





Influencing decision makers



Professional development



Case Study: Louise



Empowered lives.
Resilient nations.



Reflection

What has been useful about what we've covered so far?

What insights have you gained?

Please type any comments or questions into the chat box



What types of strengths should you assess?

What is a skill?

A skill is a behavior that you are good at doing.
It could come naturally to you or be something you have learnt through experience or training.



Question



What skills and talents do you think are important for you to assess to make progress in your career?

PLEASE TYPE YOUR ANSWERS
INTO THE CHAT BOX

Job-specific

Transferable

Two
categories
of skills that
are relevant

Transferrable skills fall into three key areas

People Skills

Task Skills

Personal Skills

People Skills



Examples of People Skills:

- Sensitivity to others
- Insight into others
- Openness to others
- Respect
- Speaking and Presenting
- Active listening
- Conversation
- Persuasion
- Team membership
- Team participation
- Leadership

Task Skills

A young man in a plaid shirt and cap is walking on a dirt path, holding a newspaper. In the background, other people are walking, and there is a wooden fence on the left. The entire image has a blue tint.

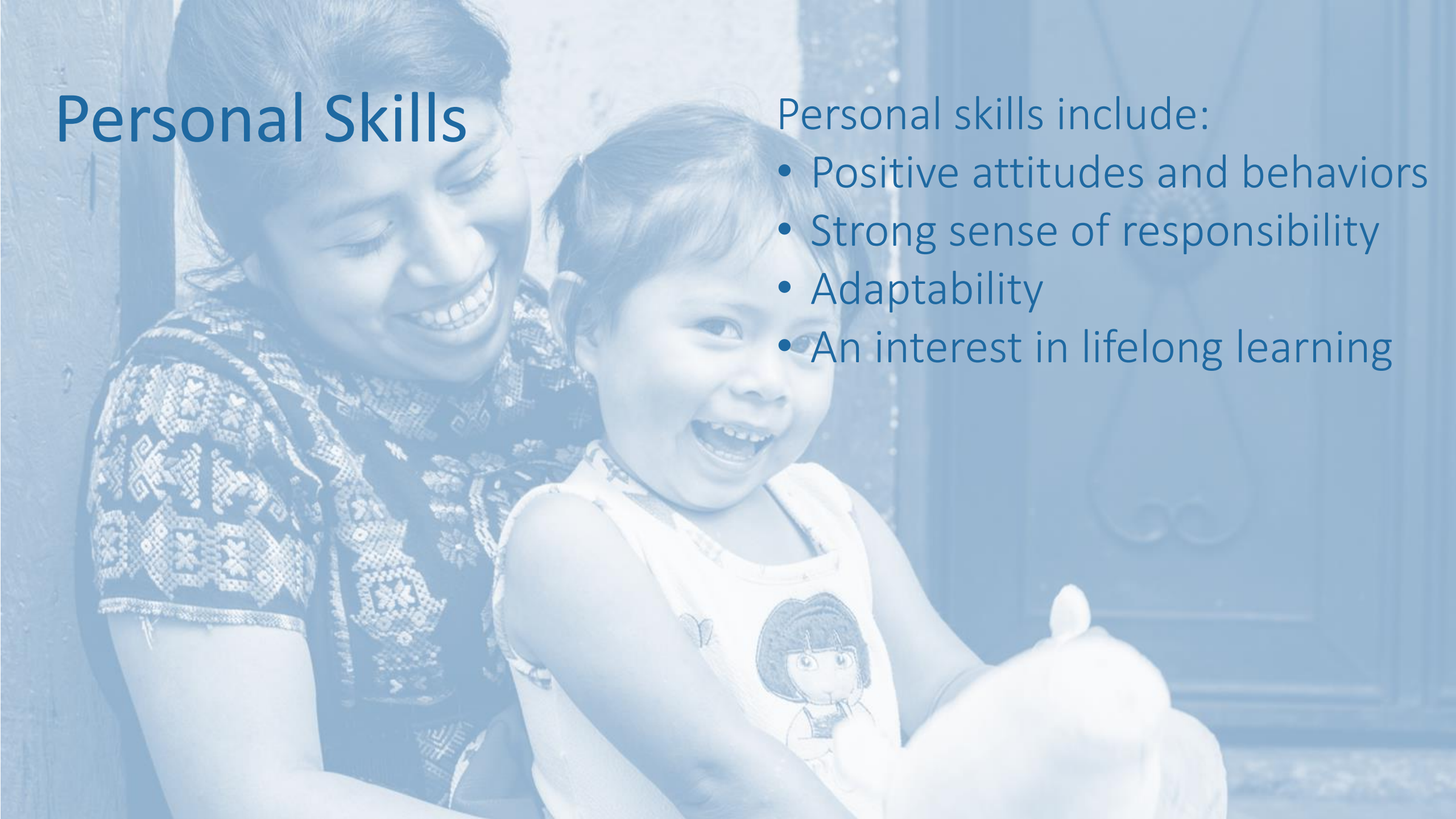
Examples of Task Skills:

- Planning/Organizing
- Time management
- Practical skills
- Computer skills
- Problem solving
- Business awareness
- Customer focus

Personal Skills

Personal skills include:

- Positive attitudes and behaviors
- Strong sense of responsibility
- Adaptability
- An interest in lifelong learning



Personal Skills

Examples of Personal skills:

- Learning skills
- Adaptability
- Goal Setting
- Initiative
- Independence
- Motivation
- Dependability
- Professionalism



Empowered lives.
Resilient nations.



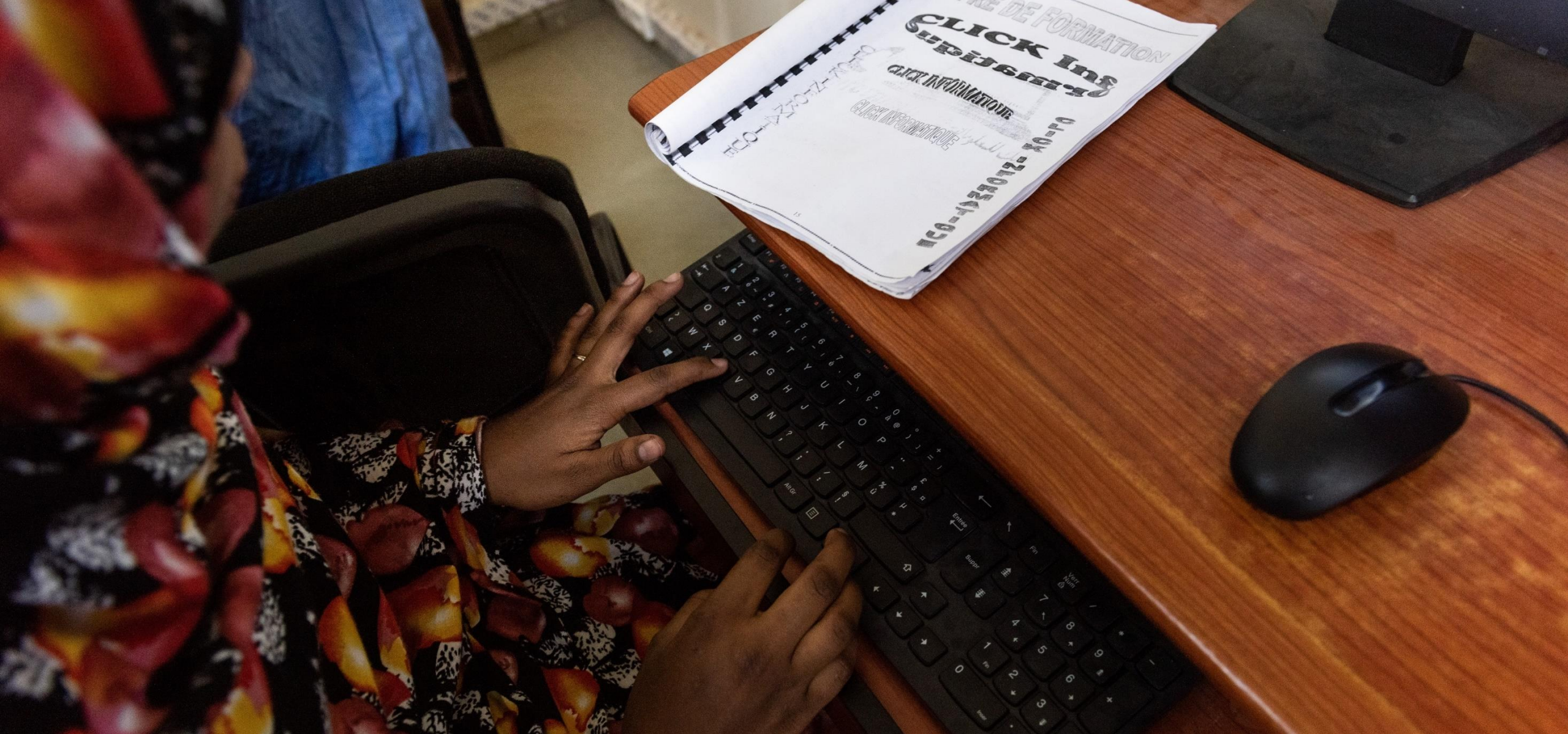
Reflection



What has been useful about what we've covered so far?

What insights have you gained?

Please type any comments or questions into the chat box



How to Assess Your Strengths

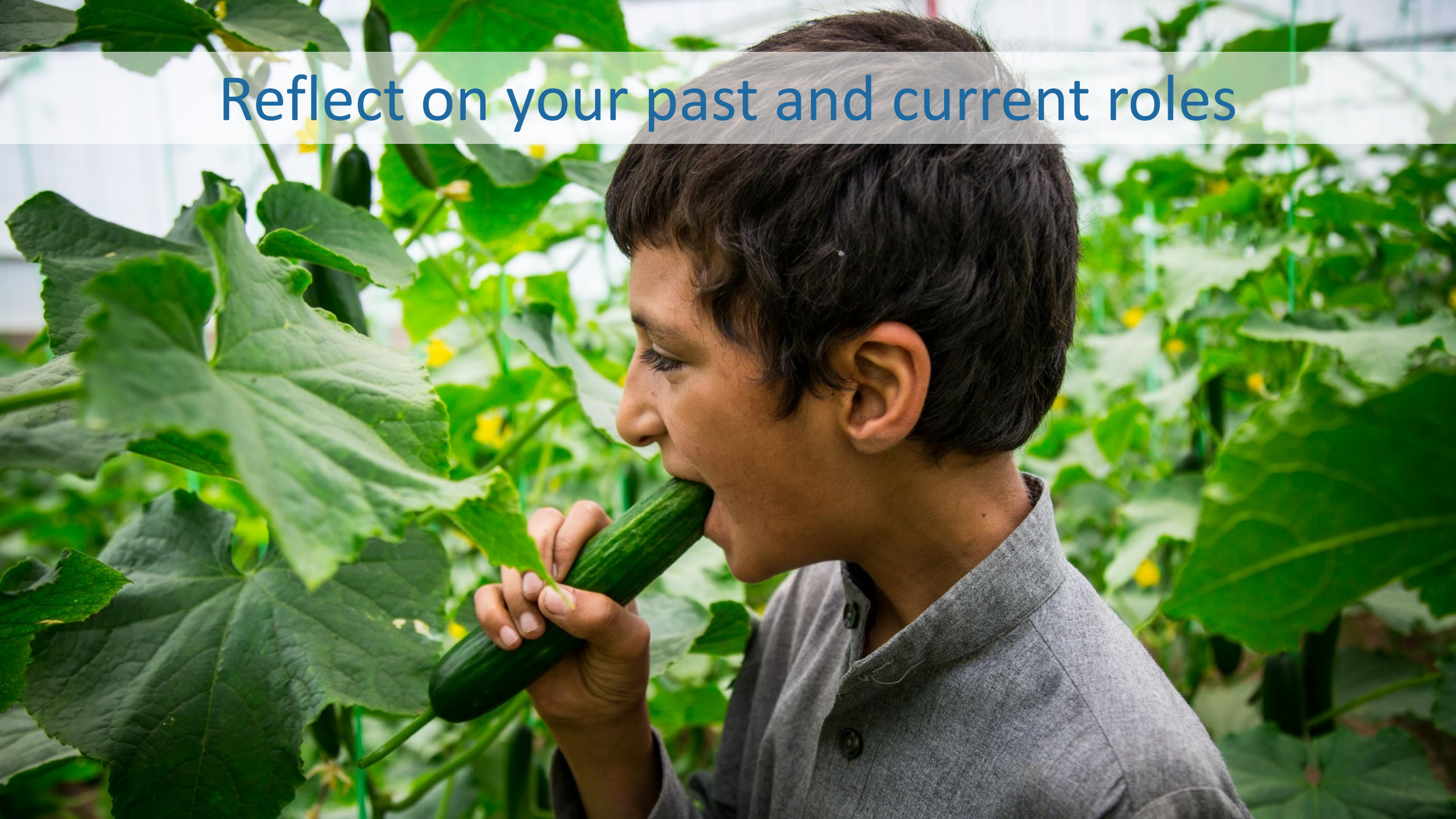


Question

When you have assessed your career skills and talents in the past, what actions have you found to be helpful?

PLEASE TYPE YOUR ANSWERS
INTO THE CHAT BOX

Reflect on your past and current roles



What do you know?



How have you added value?



Ask for feedback



Reflect on your interests and activities
outside of work



Psychometric Tests





Empowered lives.
Resilient nations.



Reflection



What has been useful about what we've covered so far?

What insights have you gained?

Please type any comments or questions into the chat box

If you have never
assessed your strengths,
take action now



a mind that
wicked plans,
Feet that hur
to do evil,
a witness wh
one lie after
and someone
~~one~~ Stirs u
trouble among
Yes! Yes! Ye
God hate them



The worksheet will help you

Poll – Taking Action

ON A SCALE OF 1 TO 10, HOW LIKELY ARE YOU TO WORK ON ASSESSING YOUR CAREER SKILLS AND TALENTS AS A RESULT OF THIS WEBINAR?



9-10 Very likely



6-8 Quite likely



3-5 Somewhat likely



1-2 Not likely



What remaining questions do you have?

Thank You!



*Empowered lives.
Resilient nations.*

For any further questions, reach out to us on:

E-mail: career.development@undp.org

Yammer: Career Development & Experience

Or visit our intranet page on:

<https://undp.sharepoint.com/teams/TalentDevelopmentHub>