

A QUICK GUIDE

Working with persons with Cerebral Palsy

Cerebral Palsy (CP) is a disorder that affects muscle tone, movement, and motor skills (the ability to move in a coordinated and purposeful way)

The Language of Disability

Don't Use

Handicapped, crippled, physically challenged, differently abled, an invalid, the disabled

He suffers from cerebral palsy/ He is a victim of cerebral palsy

Dwarf or midget

Deformed, deformity, birth defect

Special bathroom or paraplegic bathroom

Disabled parking/ Seating

Rather Use

Disabled people, persons with disabilities, disability, impairment

He is a person with cerebral palsy/ He has cerebral palsy

Person of short stature

Person born without limbs or with a congenital disability

Accessible bathroom

Accessible Parking/ Seating

Accessibility

- Ramps, gates (next to man-trap gates), doors next to turnstiles and automatic doors
- Voice activated software on laptop
- Manual to online documentation
- A stable and even floor surface and no obstructions on the accessible routes
- Accessible elevators
- Provision to allow for personal assistants tasked with any official work
- Accessible office furniture (e.g. desks at the correct height, tilted desks, adequate knee room, chair with arm rests higher seat)

Mindfulness

RESPECT personal space

Walking frames, crutches and canes are considered extensions of a user's personal space

Offer to HELP

Always offer a seat and offer to open doors. Be helpful, but make sure your offer is accepted before assisting.

Ask for permission before you touch or move them

The term '**Special**' implies segregation and has negative associations



Accessible facilities can be used by anyone

They are not special, separate or different. Universal design provides for environments and items to suit the needs of ALL human beings.

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